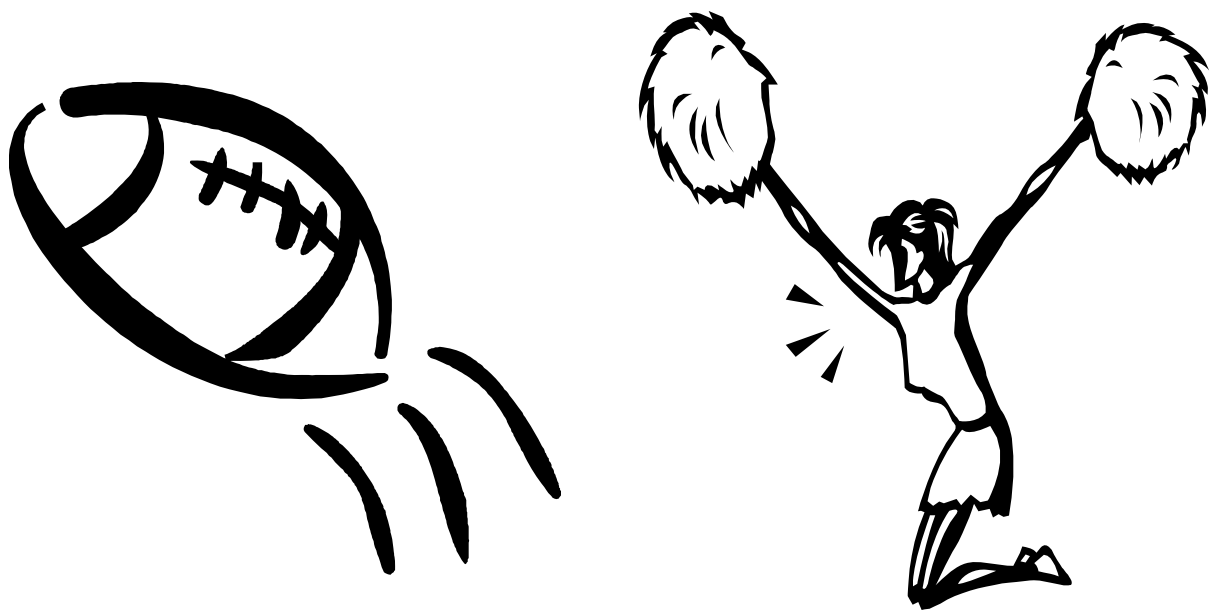


Hornell Youth Football and Cheerleading Handbook



2011

Please read completely!!!

Dear Parents,

March 2011

The Board of Directors would like to welcome you, and your son or daughter to Hornell Youth Football & Cheerleading. Please take a few moments and read through this packet of information. It should answer most of your questions about the program as well as to notify you of all responsibilities required by you and your child. Feel free to ask questions to any board member.

Your child will be participating in a structured program designed primarily for the learning enjoyment of the players & cheerleaders.

Some of the benefits your child will gain from this program are as follows:

1. The fundamentals & rules of football/cheerleading from certified coaches.
2. Enhance responsibility, cooperation & obedience.
3. Practice sportsmanship.
4. Learn safe playing techniques.
5. Work towards defined goals.
6. Social involvement.
7. Pride in their team & the community of Hornell.

Support your child by participating with them. They will love you for it! Parents are welcome at all practices. We encourage you to cheer for your children and be proud of them.

We also encourage you to talk with the coaches. They are mentors for your children and they want to support you as parents. Youth football & cheerleading are team sports that include parents.

***Please be aware that the football coaches are only required to have each child have a minimum of 8 or 10 plays per game depending on the size of the team.

Any and all comments or concerns throughout the season can be addressed by sending personal correspondence to the address below or by contacting one of the Board Members. Please let us know of any concerns you may have when they occur. All anonymous letters will be dismissed. Thank You!!

Hornell Youth Football & Cheerleading
P.O. Box 66, Hornell, New York 14843
Visit our Website @ www.hornellyouthfootball.com
Or email at hornellyouthfootball@yahoo.com

HORNELL YOUTH FOOTBALL AND CHEERLEADING PARENT INFORMATION

A. WEIGHT AND AGE REQUIREMENTS

FLAG – No weight restrictions

Age: 5, 6, & 7 year olds, 8 year olds and entering 4th grade.

JUNIORS – Maximum weight 130 pounds (101 – 130 lineman position)

Age: 8 and 9 year olds and 10 yr olds entering 4th grade.

Bantam: age 10 years and entering 5th grade & weigh 65 pounds or less.

SENIORS – Maximum weight 150 pounds (126-150 lineman position)

10 and 11 year olds and 12yr olds entering into the 6th grade

Bantam: age 12 years and entering 7th grade & weigh 85 pounds or less

B. PLEASE READ THROUGH ALL INFORMATION as the parents it is your responsibility to be aware of the requirements for participation by your child.

1. Cost of participation and fund raising
2. Requirements of participation including physical by MD.
3. Requirement of parent jobs
4. Disciplinary actions
5. Game and practice information

C. PHYSICALS – All participants must have a physical within **one year of start of practice**.

They cannot practice without this. It is of utmost importance that you inform us of any medication or physical problems (asthma etc.) your child has, so proper care can be taken at practice and games. It is very important that the emergency card is completed accurately and thoroughly. This information will insure that the proper parties are informed if your son or daughter should be injured or become ill while participating in HYF activities. It also helps prevent insurance problems.

D. CLEAN UP OF FIELD GROUNDS – This is the responsibility of the participants and spectators to pick up the area around them. At away games, it is common courtesy to leave the area looking as good as or better than when we arrived. Please assist us with this so Hornell will maintain its good reputation.

E. PARENT PARTICIPATION – This league functions well when each parent participates in some area of the program. Parents will be **required** to sign up for **two** specific date/event and job. Parent participation is mandatory. If you cannot fulfill this part of the program please reconsider involving your child. The board will have the right to remove any participant whose parent will not fulfill their obligation. To ensure participation by all, we will be collecting a \$50.00 deposit. Volunteer deposits will be refunded after both jobs are completed. Here are the descriptions of the required “Volunteer Jobs” that need to be filled.

JOB DESCRIPTIONS

Chains: Work on the sidelines moving the chains to mark the yardage – 1st down and down marker. (Three people per home game/ per team)

Monitor: Monitors number of plays of each participant from the sidelines. One parent is needed on each sideline at all games. (Two people per home and away games/ per team)

Concession Stand set-up: Report to the concession 2 hours before the first game to set up the stand and prepare for sales. (Three people per home game)

Concession Worker: Work in the concession stand selling food and candy etc. Workers needed during one half of each game. You may sign up for any game regardless of the team your child is associated with. (Three people per half of each home game)

Concession Stand Clean Up: Clean up the concession stand, putting food and supplies away. Need to report by 4th quarter of final game. (Three people per home game)

F. DEPOSIT REFUND INFORMATION

Turn Volunteer receipt in at the concession stand after volunteer second job is completed; your volunteer deposit will be refunded immediately.

G. CHEERLEADER & PLAYER PARTICIPATION – All cheerleaders and players must stay for the duration of the game regardless of weather conditions, unless you are dismissed by your coaches. Bring appropriate clothing.

H. COST OF PARTICIPATION – Complete balance of Registration, fundraising and the parent deposit must be turned in before equipment will be handed out. We will be collecting these at the July Start-up Meeting. **All equipment is the property of Hornell Youth Football and Cheerleading and is loaned for the playing season. You are responsible for the replacement cost of any lost or damaged uniform or equipment**

I. FUND RAISERS – Fund raising is a must to keep the cost to families a minimum. Fund Raisers are difficult because we are all working and busy people. Often fund raising is left to a few dedicated individuals. Please remember this is a team effort and requires involvement of everyone. The candy bar sale and T-shirt/sweatshirt sale went very well last year and the Board has voted to utilize these as fundraisers again this year. This will be a mandatory sale by all participants and the Board will be establishing some incentives for it. Unfortunately this is an expensive sport mainly due to insurance fees and equipment costs.

J. CHEERLEADING EXTRAS (To be purchased by parents separately)

The following items are not supplied by HYF but required; socks, sneakers, bodysuit, briefs and hair tie, approximately \$75.00. All items will be ordered and paid for at the July Start-up Meeting.

K. DISCIPLINARY ACTIONS – for participants, coaches and board members: The following are approved disciplinary procedures:

1. Verbal warning
2. Written warning and one week suspension (including game)
3. Dismissal from team or position

Behavioral infractions are as follows:

1. Non-participation in conditioning exercises & required drills
2. Disrespect to coaches, board members, parents or participants
3. Disruption of practice or games
4. Foul language

The Board of Directors has implemented these procedures in order to make Youth Football and Cheerleading an enjoyable activity and to protect the welfare and fair play of all participants.